

Scottish Favourites Allergen Information

All served with vegetables/salad, fruit, home baking and either a Drink or Soup depending on which Meal is Selected!

Allergen key code: 1. Celery 2. Cereals containing Gluten 3. Crustaceans 4. Eggs 5. Fish 6. Lupin 7. Milk 8. Molluscs 9. Mustard 10. Nuts 11. Peanuts 12. Sesame Seeds 13. Sulphur Dioxide 14. Soya
(V) – Vegetarian, (Vg) – Vegan, * Can be adapted to suit certain dietary requirements (please speak to kitchen staff for more information)

Scottish Favourites
£3
(£3.60 adult)

FOR FURTHER INGREDIENTS INFORMATION PLEASE VISIT THE SBC WEBSITE OR SEE YOUR CATEEN STAFF FOR MORE INFORMATION

WEEK 1

WEEK 2

	Monday	Tuesday	Wednesday	Thursday
Main 1	Chicken Supreme* (2,7) with Savoury Rice	Roast Beef in Gravy with Roast Potatoes Yorkshire Pudding (2,4,7)	Chicken Korma with Rice Chapatti (2)	Fish (2, 5) and Chips Peas
Main 2	Chicken Pasta Bake (2,7) Crusty Bread (2)	Chicken and Tomato Pasta* (2) Crusty Bread (2)	Chicken Tikka with Rice Chapatti (2)	Chicken Burger in Bun* (2) Chips and Peas
Main 3 (V)	Macaroni Cheese * (2,7) (V*) Crusty Bread (2)	Vegan Sausages in Gravy (Vg) with Roast Potatoes Yorkshire Pudding (2,4,7)	Vegetable Curry with Rice (Vg) Chapatti (2)	BBQ Pulled Quorn (1,2,14) in Bun* (2) (Vg) Chips and Peas
Soup + Bread	Lentil (Vg)	Tomato (1,7*, Vg)	Vegetable (Vg)	Lentil (Vg)

	Monday	Tuesday	Wednesday	Thursday
Main 1	Salmon Fillet (5) Savoury Rice	Steak Pie* (2,7) Mash Potato	Chicken Korma with Rice Chapatti (2)	Fish (2,5) and Chips Baked Beans
Main 2	Pasta* (7) Bolognaise Crusty Bread (2)	Chicken meatballs in Tomato Sauce with Pasta* (2) Crusty Bread (2)	Chinese Chicken Curry (2,14) with Rice Chapatti (2)	Chicken Sausages Chips and Baked Beans
Main 3 (V)	Macaroni Cheese * (2,7) (V*) Crusty Bread (2)	Vegan meatballs (14) in Tomato Sauce with Pasta* (2) (Vg) Crusty Bread (2)	Sweet Potato and Coconut Curry with Rice (Vg) Chapatti (2)	Omelette (4,7) (V) Chips and Baked Beans
Soup + Bread	Lentil (Vg)	Tomato (1,7*, Vg)	Vegetable (Vg)	Lentil (Vg)

WEEK 3

WEEK 4

	Monday	Tuesday	Wednesday	Thursday
Main 1	Chicken Fajita Style Rice	Chicken Casserole with Mash Potato Yorkshire Pudding (2,4,7)	Chicken Tikka with Rice Chapatti (2)	Fish (2,5) and Chips Peas
Main 2	Beef Fajitas (2) Coleslaw	Beef Lasagne* (2, 7) Crusty Bread (2)	Katsu Chicken Curry * (2,14) with Rice Chapatti (2)	BBQ Chicken in a Bun* (2) Chips and Peas
Main 3 (V)	Macaroni Cheese * (2,7) (V*) Crusty Bread (2)	Vegetable Lasagne* (2,7) (V) Crusty Bread (2)	Vegetable Curry with Rice (Vg) Chapatti (2)	Vegetable Burger (2,13,14) in Bun* (2) (Vg) Chips and Peas
Soup + Bread	Lentil (Vg)	Tomato (1,7*, Vg)	Vegetable (Vg)	Lentil (Vg)

	Monday	Tuesday	Wednesday	Thursday
Main 1	Salmon Fillet (5) Savoury Rice	Steak Pie* (2,7) Roast Potatoes	Chicken Tikka with Rice Chapatti (2)	Fish (2,5) and Chips Peas
Main 2	Sweet and Sour Chicken (1,13) with Rice	Roast Turkey in Gravy Roast Potatoes	Nut-Free Chicken Satay with Rice Chapatti (2)	BBQ Pulled Pork Wrap (1,2,15) Chips and Peas
Main 3 (V)	Macaroni Cheese * (2,7) (V*) Crusty Bread (2)	Three Bean Chilli with Rice (Vg) Crusty Bread (2)	Quorn Korma with Rice (Vg) Chapatti (2)	Omelette (4,7) (V) Chips and Peas
Soup + Bread	Lentil (Vg)	Tomato (1,7*, Vg)	Vegetable (Vg)	Lentil (Vg)