



**Earlston**  
High School

Ambition  
Kindness  
Respect

May 2026

Dear Parent / Guardian,

### **Health and Safety in CDT Workshops**

Following guidance from Scottish Borders Council Health and Safety officers, all pupils working in CDT workshops must wear footwear that fully covers the top of the foot and has a sole with reasonable thickness and rigidity.

This is to provide basic protection should an object be dropped onto the foot or stepped on during practical activities. Most standard school shoes already meet this requirement. The main concern is lightweight “ballet-style” shoes with very thin soles and limited coverage.

We are not asking pupils to wear specialist safety footwear. Trainers are acceptable, including PE footwear, provided they meet the requirements above. Pupils may continue to wear their usual footwear around school and change into suitable shoes before workshop lessons if necessary. Please note that we are unable to store spare footwear between classes.

As advised by Health and Safety officers, pupils without appropriate footwear will not be permitted to take part in practical workshop activities.

We appreciate your understanding and support in helping us maintain a safe working environment for all pupils. By sharing this information now, we hope it will assist with planning for next term.

If you would like to discuss this further, please feel free to contact me at [gw1andersoncallum12@glow.sch.uk](mailto:gw1andersoncallum12@glow.sch.uk).

Yours sincerely,

Callum Anderson  
PT Technologies