



Earlston High School Melrose Rugby

S1 Rugby

Earlston High School & Melrose Rugby Club S1 Rugby Programme

Dear Parent/Carer,

We are proud to work in partnership with **Melrose Rugby Club** to offer an outstanding rugby programme for S1–S6 pupils. Together, we provide an environment that develops skills, resilience, leadership, and a lifelong love for the game.

From August to May, pupils will have the opportunity to take part in Friday afternoon and Saturday fixtures against Borders schools and teams further afield. **All pupils are welcome – no prior experience is necessary.**

Training

S1 training will begin when school resumes after summer. Sessions will take place at **Earlston High School on Mondays and Wednesdays (3.45–5.00 p.m.)**, helping new players settle in smoothly.

From **October to February**, training will **move to Melrose RFC** to make use of floodlit facilities during the darker months. Final training details will be confirmed closer to the start of term. Parents/carers are responsible for transport home after training.

School of Rugby Programme

In addition to after-school training, Earlston High School offers a **School of Rugby Programme**. Pupils who join this programme receive **timetabled rugby periods during the school day**, providing further opportunities to develop their technical, tactical, and physical skills. This is a fantastic way to maximise player development while balancing academic studies.

Membership and Kit

Melrose Rugby Club membership costs **£100 per year**, payable either in full or by monthly instalments, and must be completed through the **Melrose Rugby Club website**.

Players will need rugby/football boots with studs or blades, a gum shield, and suitable training kit. Updated information about playing kit will be provided by club coaches.

*Families requiring financial assistance for membership should contact **Iain Chisholm** directly.*

Player Registration

All players must also register separately with **Scottish Rugby's SCRUMS platform** to be eligible and insured for training and matches. Instructions on how to complete SCRUMS registration will be shared in August.

Communication

Training updates and fixture arrangements will be communicated by club coaches via **parent communications** and **Earlston High School social media** channels.

We are excited to welcome your child into the Earlston High School Rugby Programme and the wider Melrose Rugby Club community!

Yours sincerely,

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