



Earlston High School Melrose Rugby

S1 Rugby

Dear Parent/Carer,

Each season, the school works in partnership with Melrose Rugby Club offering training and fixtures to our S1-6 pupils. From August through to May, there is the potential of Friday afternoon and Saturday fixtures against other Borders Schools and on occasion, matches further a-field. All pupils are welcome to join the rugby club; it must be emphasised that no previous experience is required. Our focus is on participation, development, and enjoyment by providing a culture to help instil many of rugby and life's key values.

Training will start when school resumes after the summer and is provisionally scheduled to be from 3.45pm-5pm at Earlston HS on Mondays and Wednesday – these details will be confirmed and communicated closer to the time. Transport home from training should be organised by parents and carers. Club session will take place at Melrose RFC between October and February – again details to be confirmed closer to the time.

There is a **registration fee** (amount still to be confirmed) for the Rugby Club to cover training equipment and resources. If your child is going to take part in rugby, any training kit will suffice. Playing kit is currently being updated and details on this will follow from club coaches. Your child will also need studded or plastic bladed football/rugby boots and a gum shield which is also compulsory for all matches and training. We want to make rugby accessible to all therefore in August please contact either Melrose RFC or Mr Patterson if you require support with any payments.

The Scottish Rugby Union insures all pupils who are registered with schools/clubs to play rugby in Scotland. For details of their policy please see the Scottish Rugby website. All youth players at the club must complete a registration form and an EV2 form to comply with Melrose Rugby Club, Earlston High School and SRU insurance regulations. These will be issued in August.

The school has a Facebook page where you can see photographs of matches and team coaches will keep you up to date with arrangements.

Yours sincerely,

Ross Patterson (PT Health & Wellbeing, Earlston High School)

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